

## **Lesson Plan**

**Name of the Assistant Professor: Dr. Prabhjot Kaur**

**Class and Section: B.Sc. I (Home Science)**

**Subject: Food Science (Course Code: 104)**

<b>Week</b>	<b>Topics to be Covered</b>
1 July 16-July 21, 2018	Appraisal of the Syllabus, Food - definition, classification and functions, Composition and nutritional contribution of Cereals
2 July 23-July 30, 2018	Composition and nutritional contribution of Pulses, Composition and nutritional contribution of Fruits, Revision of Functions of Food

**Assignment: Make a poster on functions of food or nutritional contribution of cereals, pulses or fruits.**